



## LARA THOMAS

### ATTORNEY

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lara@kirchmannsinc.co.za

#### Education

- LLB
- Post Graduate Diploma in Labour Law Practice

#### Membership

- Member of the Cape Law Society
- Member of SASLAW

#### Practical Areas

- Labour Law
- Litigation

#### Languages

- English – 1<sup>st</sup> language
- Afrikaans – 2<sup>nd</sup> Language
- French – 3<sup>rd</sup> Language

## SUMMARY PROFILE

Lara is an admitted attorney of the High Court of South Africa specialising in employment law. Lara has experience in many areas of the law having practiced as a civil litigation attorney while advancing her knowledge within the employment law sphere by studying towards a Post Graduate Diploma in Labour Law Practice. Lara is currently based in our East London office as a practising attorney, but travels nationally to service our clients.

## CAREER

After completing her law degree at Nelson Mandela University, Lara took up employment at Lawrence Masiza Vorster Incorporated in Port Elizabeth, where she was involved in numerous cases in both the Magistrate and High Courts. She remained at the same firm post-articles, obtaining her High Court Right of Appearance and engaging in post graduate studies in the employment law field. Lara is now practicing as an attorney at Kirchmanns Incorporated at our East London office.

## EXPERIENCE

**2019 - Present** / Practising Attorney at Kirchmanns Incorporated.

**2018** / High Court Right of Appearance

**2017** / Admitted attorney of the High Court

**2017 - 2018** / Attorney at Lawrence Masiza Vorster Inc

**2015 - 2017** / Candidate Attorney at Lawrence Masiza Vorster Incorporated, Port Elizabeth

- Drafting of all pleadings and associated interlocutory applications
- Dealt with High, Regional and Magistrates Court matters including:
  - Debt Review
  - Administration
  - Liquidation
  - Evictions
  - Collections
  - Summary Judgement Applications and Oppositions
  - Damages Claims
  - Road Accident Fund Claims
  - PAIA Applications
  - Defamation
  - Divorces and maintenance
- Drafting pleadings and letters
- CCMA representation
- Drafting and reviewing various contracts
- Drafting legal opinions and proposals
- Legal research

